Tel: (284)468-2730
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Seniors Parade and Wellness Fair Closes Senior Citizens' Month 2026

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The Champion Your Health Parade and Wellness Fair, held on May 29, brought the 37th Anniversary of Senior Citizens' Month 2026 to a fitting and energetic close.

Under this year's theme, "Champion Your Health," seniors from across the Virgin Islands came together to celebrate healthy ageing, active living, and overall well-being.

The parade showcased the enthusiasm and vitality of our senior citizens, while the Wellness Fair provided valuable health information, screenings, and resources to support healthier lifestyles.

The event served as a powerful reminder that prioritising physical, mental, and social wellness can help seniors continue to lead active and fulfilling lives. It also highlighted the importance of creating opportunities for older persons to stay engaged, informed, and connected within their communities.

As we close another successful Senior Citizens' Month, we extend sincere appreciation to all seniors, volunteers, healthcare professionals, sponsors, partners, and supporters who contributed to the month's activities. Thank you for helping us celebrate, honour, and empower our senior citizens while encouraging everyone to champion their health.

For Additional Information Contact:

Fitsroy Randall

Information Officer I

Ministry of Health and Social Development

Vorinica's House of Commerce, Long Bush

Tortola, British Virgin Islands

Telephone: (284) 468-4138

E-mail Address: FRandall@gov.vg