GOVERNMENT OF THE VIRGIN ISLANDS

# PRESS RELEASE

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# BVI Wellness Fest Takes Place Tomorrow at the QEII Park

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The Ministry of Health and Social Development is inviting residents to come out and experience **BVI Wellness Fest 2026**, taking place tomorrow, Saturday, 7 November at Queen Elizabeth II Park from 7:30 a.m. until 2:00 p.m.

The Fest will bring health, movement, nutrition, mental wellbeing, family activities and community resources together for a day designed to make wellness practical, interactive and enjoyable.

Residents will have opportunities to **move, nourish, know, care for their mind, connect and enjoy wellness as a family** through a range of activities and experiences.

Minister for Health and Social Development, Honourable **Vincent Wheatley** encouraged residents to make the Fest part of their Saturday plans.

“BVI Wellness Fest is about meeting people where they are and showing that wellness can be part of everyday life. Whether you come to get your health numbers checked, participate in an activity, learn something new or simply enjoy the day with your family, there is something here for you,” Honourable Wheatley said.

The Fest will feature **aerobics activities**, health screenings, nutrition and healthy living information, mental wellbeing resources, a strong man competition, dunk tank, children's and family activities, a farmer’s market, and opportunities to interact with health professionals, community organisations and wellness partners.

Residents are encouraged to **wear comfortable clothing and bring a yoga mat** and be prepared to participate in the activities throughout the day. **BVI Wellness Fest 2026 where people can experience wellness their way.**

The event forms part of **BVI Moves: Towards a Healthier Virgin Islands,** the Ministry's ongoing effort to encourage healthier lifestyles and increase opportunities for residents to take an active role in their health.

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