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Department of Culture Endorses New Health Resource to Combat NCDs in the Virgin Islands

The Department of Culture has announced its support of a new book to be launched here on 30th April: *“Healing the Caribbean: A Comprehensive Guide to Understanding and Preventing Noncommunicable Diseases.”*

Authored by Dr Magdalena Jean-Louis, a Registered Nurse, Midwife, and Health Educator, this publication comes at a critical juncture as the Caribbean continues to face a rising tide of noncommunicable diseases (NCDs).

Deputy Director of Culture, Ms Anne Lennard, said this is an essential resource which aims to educate individuals, communities, healthcare professionals, and policymakers on effective strategies to reduce the NCD burden across the region and globally. “The Department congratulates Nurse Jean Louis on the launch of her book which can benefit the local community.”

Dr Jean-Louis’ work bridges the gap between scientific research and practical, everyday application. The book emphasises lifestyle changes through several key pillars:

- **The Laws of Health:** Rooted in holistic wellness principles.
- **Root Cause Analysis:** Practical solutions to systemic health issues.
- **Caribbean Voices:** Real-life success stories that resonate with the regional experience.
- **Nutritional Empowerment:** Includes vegan recipes designed to make healthy eating accessible and culturally relevant.

The Department of Culture invites the public to attend the official book launch on Thursday 30th April at 4:45 p.m. at the New Mello Moods, Skelton Bay Lot, Fish Bay and engage in the conversation regarding the Territory’s health and heritage.

“Healing the Caribbean” is available in both print and digital formats. Following the launch, the book can be purchased through major retailers including Amazon, Barnes & Noble, iTunes, and Walmart and on www.caribbeanbooks.com

For further information regarding the publication or the launch event, please contact Dr Jean-Louis directly at mjeanlouis01@gmail.com or Linabooks01@gmail.com.

About:

The Department of Culture is committed to supporting local authors and promoting resources that enhance the well-being and cultural preservation of The Virgin Islands.